Karen Carmean has a suggestion for Plein Air oil painters. She suggests using freezer paper folded accordion style with paint put in the valleys and then refolded and clipped on the ends. Clip the palette to cardboard or a board for a very light palette which keeps your paints moist for a couple of weeks at least. It also allows you to mix colors in the other valleys and thus you have the exact color of paint to use for next time! Use Winsor Newton Artisan brushes which wash out with soap and water. Use safflower oil or linseed oil to dip brushes in at first before you put paint on them, and at the end of your Plein Air session.